

Inventory of School Attendance Problems (ISAP)

Name: _____, Age: _____, male female
 School: _____, Grade: _____

This questionnaire is about feelings and problems students can experience before or at school. Please answer these questions first:

Please estimate: How often have you been absent from school during regular school time in the last 12 school weeks, for any reason?

0 not at all	0 sometimes (up to 4 school days missed)	0 often (5 to 12 school days missed)	0 very often (13 to 36 school days missed)	0 most of the time (37 to 48 days missed)	0 (almost) always (more than 48 days missed)
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Are your absences with or without permission/excused or unexcused?

always with permission/excused	0	0	0	0	always without permission/unexcused
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How often is it hard for you on school days (Monday to Friday)...

...to go to sleep in the evening?	0 never	seldom	sometimes	often
...to get up in the morning?	0 never	seldom	sometimes	often
...to leave the house in the morning?	0 never	seldom	sometimes	often
...to walk, drive, or take the bus to school?	0 never	seldom	sometimes	often
...to enter the schoolyard or the school?	0 never	seldom	sometimes	often
...to enter the classroom?	0 never	seldom	sometimes	often
...to go out for recess?	0 never	seldom	sometimes	often
...to stay in school until last period?	0 never	seldom	sometimes	often

When I am not in school during regular school time...

...I am at home alone.	0 never	seldom	sometimes	often
...I am outside (alone or with friends).	0 never	seldom	sometimes	often
...I am at home with my parents (or other adults).	0 never	seldom	sometimes	often

Thank you! On the next page, you will get instructions on how to fill in the questionnaire.

Instructions

The following statements deal with feelings, thoughts, and problems students can experience before or at school.

For each statement, please mark the response that applies best to you. There are no "right" or "wrong" answers!

First, you are asked how good or often the statement describes your feelings or thoughts before or at school (left column).

After that, please state how much or how often the feeling or problem described is a reason why you miss school or attending school is hard for you (right column).

Please answer all items and always mark both columns for each item.

Example:

1. Read the text	2. Mark how good/often the statement <u>applies to you</u>	3. Then mark how much/often this feeling or problem is a <u>reason</u> why you <u>miss</u> school or <u>attending school is hard</u> for you
Before or at school/school time...	Applies to me	That's why I miss school or attending school is hard for me
	Not true at all/ Never	Not true at all/ Never
	Just a little true Occasionally	Just a little true/ Occasionally
	Pretty much true/ Often	Pretty much true/ Often
	Very much true/ Very Often	Very much true/ Very Often
...I think that most classes are boring.	0 1 2 3	0 1 2 3

The questionnaire starts on the next page.

Before or at school/school time...	Applies to me				That's why I miss school or attending school is hard for me			
	Not true at all/ Never	Just a little true/ Occasion-ally	Pretty much true/ Often	Very much true/ Very Often	Not true at all/ Never	Just a little true/ Occasion-ally	Pretty much true/ Often	Very much true/ Very Often
1...I feel down or depressed.	0	1	2	3	0	1	2	3
2...I'd rather do something at home that is more fun than school.								
3...I feel bad because I have arguments with one or more of my classmates.								
4...I am easily irritated.	0	1	2	3	0	1	2	3
5...I think that one or more of my teachers are against me or don't like me.								
6...I'm worried that something terrible might happen to my parents.	0	1	2	3	0	1	2	3
7... I'm afraid of throwing up or "having an accident" (e.g., wetting my pants) before I can leave the classroom.								
8...I feel tired or out of energy.								
9...I'm afraid of being asked about the reasons for previous absences or for being late for school.								

Please turn/scroll to the next page

Before or at school/school time...	Applies to me				That's why I miss school or attending school is hard for me			
	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often
10...I feel sick.	0	1	2	3	0	1	2	3
11...I feel pressured by one or more of my teachers.	0	1	2	3	0	1	2	3
12...I'm afraid to talk to other people or that others might speak to me.	0	1	2	3	0	1	2	3
13...I feel treated unfairly by my parents.	0	1	2	3	0	1	2	3
14...I think that I am going to a bad school.	0	1	2	3	0	1	2	3
15...I want to do something outside rather than being in school.	0	1	2	3	0	1	2	3
16...I let myself be provoked quickly.	0	1	2	3	0	1	2	3
17...I have pain (e.g., abdominal pain, headaches,...).	0	1	2	3	0	1	2	3
18...I simply don't feel like going to school or attending classes.	0	1	2	3	0	1	2	3
19...I'm afraid of not being able to breathe or of fainting at school.	0	1	2	3	0	1	2	3
20...I feel like my parents don't care about me.								

Please turn/scroll to the next page

Before or at school/school time...	Applies to me				That's why I miss school or attending school is hard for me			
	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often
21...I think it's OK if I skip school every now and then.	0	1	2	3	0	1	2	3
22...I feel excluded by my classmates.	0	1	2	3	0	1	2	3
23...I'm afraid of being teased or bullied by other students.	0	1	2	3	0	1	2	3
24...I'm afraid of having to talk in front of the whole class (e.g., presentations, being called on by the teacher).	0	1	2	3	0	1	2	3
25...I am longing for my parents and want to be with them.	0	1	2	3	0	1	2	3
26...I feel unhappy because I only have a few friends at school.	0	1	2	3	0	1	2	3
27...I'm afraid of having to spend such a long time at school instead of being with my parents.	0	1	2	3	0	1	2	3
28...I'm afraid of being bad at school.	0	1	2	3	0	1	2	3
29...I'm afraid of exams.								
30...I think that I would feel more comfortable at another school.	0	1	2	3	0	1	2	3
31...I feel bad because of the problems in my family.								

Please turn/scroll to the next page

Before or at school/school time...	Applies to me				That's why I miss school or attending school is hard for me			
	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often
32...I'm afraid to talk in the presence of other students (e.g., during breaks).	0	1	2	3	0	1	2	3
33...I'm afraid that I won't be able to leave the classroom in time before something embarrassing happens to me.	0	1	2	3	0	1	2	3
34...I'm worried or sad because I don't know how to deal with the problems in my family.	0	1	2	3	0	1	2	3
35...I am unhappy.	0	1	2	3	0	1	2	3
36...I feel sick to my stomach, I have to vomit or I have diarrhea.								
37...I quickly become aggressive.	0	1	2	3	0	1	2	3
38...I miss my parents.	0	1	2	3	0	1	2	3
39...I don't like my school.	0	1	2	3	0	1	2	3
40...I feel rejected by my parents.								

Please turn/scroll to the next page

Before or at school/school time...	Applies to me				That's why I miss school or attending school is hard for me			
	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often	Not true at all/ Never	Just a little true/ Occasionally	Pretty much true/ Often	Very much true/ Very Often
41...I have no hope anymore that my school situation will get better.	0	1	2	3	0	1	2	3
42...I don't feel well because of my problems with one or more teachers.								
43...I can't help thinking about problems or incidents in my family.	0	1	2	3	0	1	2	3
44...I worry about my school grades.	0	1	2	3	0	1	2	3
45...I am sad.	0	1	2	3	0	1	2	3
46...I'm afraid that I won't be able to leave the classroom when I feel bad.	0	1	2	3	0	1	2	3
47...I worry that I might behave embarrassingly.	0	1	2	3	0	1	2	3
48...I think that I will never be able to solve my school problems.								

End of the questionnaire - thank you very much for your support!

Results of other tests (optional)

YSR/YSR-R:

Anxious-Depressed

Opposition/Dissocial

Social Withdrawal

Somatic Complaints:

Social Problems

Internalizing total:

Aggression

Externalizing total:

Thought Problems

Overall Problem Score

Attention Deficit

Intelligence Tests

Test: CFT WISC WAIS K-ABC

Total score RIAS other

Results of the ISAP (automatic scoring or by hand)

Scale scores symptom level: sum of the scale's item values (0 to 3) in the left column divided through the number of items of the respective scale. In brackets: Preliminary cut-offs for highly problematic scores (Percentile>84) derived from the German construction sample. Scale scores impact level: Same procedure for the scale's item values (0 to 3) in the right column. 0,5 to 1,0: low impact, 1,1 to 2,0: medium impact, 2,1 to 3,0: high impact on school attendance.

ISAP Scale:

Symptom Score:

Impact Score:

Depression (Item 1+8+35+41+45+48/6; P>84: 2,0):

Social Phobia (Item 9+12+24+32+47/5; P>84: 2,0):

Separation Anxiety (Item 6+25+27+38/4; P>84: 1,0):

Performance Anxiety (Item 28+29+44/3; P>84: 2,25):

Agoraphobia/Panic (Item 7+19+33+46/4; P>84: 0,91):

Somatic Complaints (Item 10+17+36/3; P>84: 2,2):

School Aversion (Item 2+15+18+21/4; P>84: 1,75):

Aggression (Item 4+16+37/3; P>84: 2,0):

Problems with Peers (Item 3+22+23+26/4; P>84: 1,5):

Problems with Teachers (Item 5+11+42/3; P>84: 1,25):

Dislike of Specific School (Item 14+30+39/3; P>84: 2,3):

Problems within the Family (Item 31+34+43/3; P>84: 1,2):

Problems with Parents (Item 13+20+40/3; P>84: 1,0):